

Name \_\_\_\_\_ **Cryptograms**



# Cryptogram

**DIRECTIONS:** Each letter in the statement below has been replaced with a number. Decode the message to read what author and meditation teacher Allan Lokos thinks is the only thing that belongs to us.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z	
														10												

— O — —      — — — — O — —      — — —      — O — —      O — — —  
15 10 24 13      21 5 22 19 10 17 6      21 13 20      15 10 24 13      10 17 18 15

— — — —      — — — O — — — — — —  
22 13 24 20      11 20 18 10 17 16 19 17 16 6

Do you think this is true? Why or why not?

