

Name _____

Wrestling Vocabulary

Look at the pictures and learn the words to improve your boxing vocabulary.

 VICTORY	 STANCE	 RING	 MAT	 FOOTWORK
 HEADGEAR	 THROW	 GRAPPLE	 HALF NELSON	 FULL NELSON
 CRADLE	 SCRAMBLE	 SINGLET	 ROLL	 ESCAPE
 NEUTRAL POSITION	 COACH	 DOUBLE LEG	 SINGLE LEG	 CHAMPION
 LAP	 REFEREE	 BOTTOM POSITION	 TILT	 HOLD