

Name \_\_\_\_\_ **Cryptograms**

# Cryptogram

Each letter in the statement has been replaced with a number. Decode the message to read this cautionary advice by author and meditation teacher Allan Lokos.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
25				10				13						7						8					

\_ O \_ O \_ E \_ I E \_ E E \_ E \_ \_ \_ I \_ \_  
 23 7 3 7 15 5 10 12 13 10 19 10 10 19 10 17 24 15 20 13 3 11

\_ O U \_ \_ I \_ \_ . \_ \_ O U \_ \_ \_ \_ A \_ E  
 24 7 8 15 20 13 3 6 15 20 7 8 11 20 15 22 25 17 10

\_ U \_ \_ \_ \_ A \_ . \_ \_ O U \_ \_ \_ \_ .  
 16 8 22 15 15 20 25 15 15 20 7 8 11 20 15 22

Why do you think Lokos cautions you against this?

