

Name _____

The Effects of Alcohol Abuse on Families

Short Answer Key

1. Alcohol abuse can lead to neglect within a family as the person abusing alcohol may prioritize drinking over their responsibilities, such as taking care of their children or household duties. Unpredictability arises because the behavior of the person abusing alcohol becomes erratic and unreliable.
2. Codependency in the context of alcohol abuse refers to family members enabling the addiction by providing support, covering up for the addicted person, or denying the problem. This can perpetuate the cycle of abuse, prevent the person from seeking help, and create unhealthy dependency dynamics within the family.
3. The potential long-term impact of alcohol abuse on children in the family can include emotional trauma, disrupted development, and a higher risk of developing their own substance abuse problems. They may struggle with trust, relationships, and coping skills throughout their lives.
4. Families affected by alcohol abuse can seek help and support for recovery by attending therapy or counseling sessions, joining support groups like Al-Anon, and reaching out to community resources or addiction treatment centers. Open and honest communication within the family is also crucial.
5. Financial stress is a common consequence of alcohol abuse within families because money that should be used for essential needs like housing, food, and education may be wasted on alcohol. This financial strain can exacerbate existing family problems and make it harder for family members to lead stable lives.

