

Name _____

The 4-Minute Mile: Breaking Barriers with Speed and Smiles

Open-Ended Response Questions

1. Reflect on the significance of Roger Bannister's achievement in breaking the 4-minute mile and the impact it had on the world of sports and human potential.
2. Discuss the role of determination, dedication, and a positive attitude in Roger Bannister's success and in achieving seemingly impossible goals.
3. Imagine you were in the crowd on May 6, 1954, witnessing Roger Bannister's historic achievement. Describe the emotions and reactions you might have experienced.
4. Share a personal experience or goal in your life that seemed challenging but was made achievable through perseverance and a positive mindset.

