

Name \_\_\_\_\_

## The 4-Minute Mile: Breaking Barriers with Speed and Smiles

### Short Answer Key

1. Roger Bannister and John Landy were the two athletes featured in our story, and they shared the common goal of breaking the 4-minute mile barrier.
2. The historic moment occurred on May 6, 1954, at the Iffley Road track in Oxford, when Roger Bannister completed the mile in 3 minutes and 59.4 seconds, breaking the 4-minute mile barrier.
3. Roger Bannister's achievement inspired others in the world of sports to attempt the same feat, leading to several athletes breaking the 4-minute mile in the following years.
4. Roger Bannister's success was attributed to his determination, dedication to training, and a positive attitude that fueled his pursuit of excellence.
5. The story of the 4-minute mile teaches us that with dedication, determination, and a positive attitude, we can overcome even the most daunting challenges, reminding us that the pursuit of excellence can lead to moments of great happiness and achievement.

