

Name _____

Peer Pressure and Its Impact on Substance Abuse

Multiple Choice Questions

1. What is peer pressure?

- A) Positive influence from friends
- B) Negative influence from friends
- C) Influence from teachers
- D) Influence from parents

2. How can peer pressure affect substance abuse?

- A) It always leads to substance abuse.
- B) It can encourage experimentation with drugs or alcohol.
- C) It has no impact on substance abuse.
- D) It only affects adults, not young people.

3. What is one risk associated with giving in to negative peer pressure related to substance abuse?

- A) Improved decision-making
- B) Legal consequences
- C) Increased popularity
- D) Better grades

4. How can positive peer pressure help individuals avoid substance abuse?

- A) By encouraging healthy behaviors
- B) By pressuring them to use substances
- C) By isolating them from friends
- D) By making them feel uncomfortable

5. What can individuals do to resist negative peer pressure?

- A) Give in to it to avoid conflict
- B) Seek support from positive influences and make informed decisions
- C) Ignore their friends completely
- D) Stop making friends

