

Name _____

Getting Help for Substance Abuse

Open-Ended Response Questions

1. Explain the importance of recognizing the problem as the first step in getting help for substance abuse.
2. Discuss the role of support groups, such as Alcoholics Anonymous (AA) or Narcotics Anonymous (NA), in the recovery process and how they can provide valuable support.
3. What are some possible treatment options for individuals with substance abuse issues, and how do these options differ in terms of intensity and approach?
4. Describe the significance of financial considerations when seeking help for substance abuse and mention some potential sources of financial assistance or coverage for treatment.

