Name _____

Unlocking the Mystery: How Our Body Absorbs Nutrients from Digested Food

Short Answer

1. Explain the function of villi and microvilli in the small intestine.

2. How are fats transported from the small intestine to cells throughout the body?

3. What role does the lymphatic system play in the absorption of fats?

4. Why do some vitamins, like vitamin B12, require intrinsic factor for efficient absorption?

5. Why is dietary fiber important for digestion, even though it doesn't provide energy?

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