

Name \_\_\_\_\_

## Ace Your Volleyball Skills: Different Ways to Hit and Serve the Ball!

### Multiple Choice Questions

1. What is the primary purpose of a set in volleyball?
  - a) To serve the ball
  - b) To block an opponent's attack
  - c) To direct the ball to a teammate for an attack
  - d) To dig the ball
  
2. Which serve creates a "floating" effect that makes it challenging for the receiver to predict the ball's path?
  - a) Overhand serve
  - b) Jump serve
  - c) Topspin serve
  - d) Underhand serve
  
3. What is the main goal of a spike in volleyball?
  - a) To receive serves
  - b) To set up a block
  - c) To hit the ball with force into the opponent's court
  - d) To dig the ball
  
4. What type of hit is used to stop or redirect an opponent's attack at the net?
  - a) Block
  - b) Bump
  - c) Spike
  - d) Set
  
5. Which serve is known for its power and is executed by jumping as you strike the ball?
  - a) Overhand serve
  - b) Jump float serve
  - c) Topspin serve
  - d) Underhand serve

