

Name _____

The Dynamic Adrenal Glands: Your Body's Stress Managers

Multiple Choice Questions

1. Where are the adrenal glands located in the body?
 - A) On top of the liver
 - B) On top of each kidney
 - C) Inside the brain
 - D) In the lungs

2. What are the two main parts of the adrenal glands?
 - A) Adrenal cortex and adrenal thalamus
 - B) Adrenal cortex and adrenal pituitary
 - C) Adrenal cortex and adrenal medulla
 - D) Adrenal cortex and adrenal hippocampus

3. Which hormone helps regulate metabolism and immune response?
 - A) Adrenaline
 - B) Cortisol
 - C) Aldosterone
 - D) Noradrenaline

4. What is the main function of the adrenal medulla?
 - A) Producing cortisol
 - B) Producing adrenaline and noradrenaline
 - C) Regulating blood pressure
 - D) Controlling electrolyte balance

5. Why is it important to understand the adrenal glands?
 - A) They help regulate metabolism.
 - B) They play a crucial role in managing stress.
 - C) They produce hormones.
 - D) All of the above.

