

Name _____

The Not-So-Sweet Side of Alcohol: How It Affects Your Health

Open-Ended Response Answer Key

1. The liver plays a crucial role in processing alcohol in the body by breaking it down into substances that can be eliminated from the body. It metabolizes alcohol, but excessive consumption can lead to liver damage.
2. One social consequence of alcohol misuse is strained relationships. Excessive drinking can lead to arguments, misunderstandings, and a breakdown in communication, which can harm personal relationships.
3. The potential long-term consequences of alcohol addiction can include deteriorating physical health, loss of employment, financial troubles, legal problems, and damage to relationships. It can also result in severe physical and mental health issues.
4. It is essential to be aware of your alcohol consumption and its effects on your health because excessive drinking can lead to a wide range of health problems, including liver damage, heart issues, addiction, and mental health issues. Being informed allows individuals to make healthier choices and seek help if needed.

