

Name _____

Unveiling Anorexia Nervosa: Understanding a Complex Condition

Short Answer Key

1. (Answers may include: significant weight loss, distorted body image, preoccupation with food and dieting, etc.)
2. Early intervention is important to prevent the physical and emotional consequences of anorexia nervosa from becoming more severe and to increase the chances of successful treatment and recovery.
3. (Answers may include: genetics, psychological factors, societal pressures, life transitions, etc.)
4. Society's portrayal of thinness as an ideal can contribute to the development of anorexia by promoting unrealistic body standards and body dissatisfaction.
5. One possible complication of anorexia nervosa is malnutrition.

