

Name \_\_\_\_\_

## Unleashing the Power of Teamwork: The Art of Collaboration

### Multiple Choice Questions

1. What do teamwork and collaboration involve?
  - a) Working alone to achieve personal goals
  - b) Individuals working together towards a common goal
  - c) Avoiding interaction with others
  - d) Competing with teammates
  
2. What is the foundation of collaboration?
  - a) Conflict
  - b) Trust
  - c) Isolation
  - d) Competition
  
3. Why is effective communication important in teamwork and collaboration?
  - a) To hide information from teammates
  - b) To create confusion
  - c) To ensure everyone is on the same page and shares ideas
  - d) To focus solely on personal goals
  
4. How can flexibility contribute to successful collaboration?
  - a) By sticking to rigid plans
  - b) By avoiding change at all costs
  - c) By adapting to new ideas and challenges
  - d) By resisting any adjustments
  
5. What is one benefit of good teamwork and collaboration skills?
  - a) Isolation from others
  - b) Achieving more and better results
  - c) Avoiding conflicts at all costs
  - d) Decreased job satisfaction

