Name _____

Mastering the Art of Saying 'No' to Peer Pressure

Open-Ended Response Questions

1. Reflect on a situation where you successfully used one of the strategies mentioned in the passage to say "no" to peer pressure. Describe the situation and how the strategy helped you.

2. Discuss the importance of being confident in your values when faced with peer pressure. How can a strong sense of values empower you to make the right choices?

3. Imagine a scenario where your best friend is pressuring you to do something that goes against your values. Describe how you would apply multiple strategies to handle the situation effectively.

4. In your opinion, what qualities make a true friend? How can you differentiate between a true friend and someone who may not have your best interests at heart?

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