

Name \_\_\_\_\_

## The Journey Within: A Summer Backpacking Adventure

### Multiple Choice Questions

1. What inspired Emily to embark on her backpacking adventure?
  - A. Her desire to escape her suburban town
  - B. Her need to challenge herself mentally and physically
  - C. Her love for extreme sports
  - D. Her passion for photography
  
2. What was Emily's realization while hiking through the Shenandoah National Park?
  - A. The trail is all about reaching the end.
  - B. The trail is a journey of self-discovery and personal growth.
  - C. The trail is best enjoyed alone.
  - D. The trail is too challenging for most hikers.
  
3. What was the climax of Emily's journey on the Appalachian Trail?
  - A. Her encounter with a bear
  - B. Reaching the halfway point
  - C. Reaching the northern terminus, Mount Katahdin
  - D. Finding a hidden treasure on the trail
  
4. How did Emily's adventure on the trail impact her when she returned home?
  - A. She became more introverted and isolated.
  - B. She lost her passion for outdoor activities.
  - C. She inspired her friends and family to prioritize mental and physical health.
  - D. She struggled with academics and social life.
  
5. What did Emily study in college after graduating from high school?
  - A. Environmental science
  - B. Medicine
  - C. Literature
  - D. Business administration

