

Name _____

The Journey Within: A Summer Backpacking Adventure

Short Answer

1. What were some of the challenges Emily faced on the Appalachian Trail, and how did she overcome them?
2. How did Emily's backpacking adventure on the trail impact her attitude and approach to life when she returned to her suburban town?
3. What did Emily continue to practice and share with her peers after her journey, and how did it influence her community?
4. How did Emily's transformation over the course of her adventure inspire her friends and family?
5. What was the ultimate lesson that Emily learned from her journey on the Appalachian Trail?

