

Name _____

The Journey Within: A Summer Backpacking Adventure

Open-Ended Response Questions

1. Describe the significance of Emily's encounter with the wise old hiker, Henry, during her journey on the Appalachian Trail.
2. How did Emily's experiences in nature and her practice of mindfulness contribute to her personal growth and well-being?
3. Reflect on the role of the Appalachian Trail in shaping Emily's character and her future academic and career choices.
4. Discuss the theme of self-discovery in Emily's story and provide specific examples from her journey to support your analysis.

