

Name \_\_\_\_\_

## Elegance in Motion: The Art of Ballroom Dance

### Short Answer

1. Describe the origin of ballroom dance and where it was commonly practiced.
2. Name two key characteristics of ballroom dance and explain their importance in this dance style.
3. Provide an example of a ballroom dance style, and briefly describe its unique characteristics.
4. How does ballroom dance promote social connection, and why is this aspect appealing to many people?
5. Explain one physical and one artistic benefit of practicing ballroom dance.

