

Name _____

Volleyball Adventure: Bumping, Setting, and Spiking Your Way to Victory!

Open-Ended Response Answer Key

1. The three key hits in volleyball are the serve, the bump (pass), and the spike. The serve starts the game, the bump sets up the play, and the spike is a powerful attack move.
2. A team can win a point in volleyball by making the ball touch the ground on the opponent's side. For example, if the spike from one team is not successfully defended by the other team, and the ball lands in their court, the serving team wins a point.
3. The receiving team can defend against a powerful spike by positioning their players strategically, attempting to block the spike at the net, or by having players in the back row ready to dig the ball if it goes past the block.
4. The rules of volleyball encourage teamwork and cooperation by requiring players to work together to bump, set, and spike the ball effectively. Players need to communicate and coordinate their movements to win rallies and points.

