

Name \_\_\_\_\_

## The Battle Within

### Multiple Choice Questions

1. What burden did John carry upon returning home from war?
  - a) Physical injuries
  - b) PTSD (Post-Traumatic Stress Disorder)
  - c) Financial troubles
  - d) Fame and recognition
  
2. How did John's PTSD affect his daily life?
  - a) It made him more sociable and outgoing.
  - b) It left him completely unaffected.
  - c) It led to nightmares, flashbacks, and anxiety.
  - d) It improved his mental health.
  
3. What triggered John's extreme distress at the community event?
  - a) Fireworks
  - b) Music
  - c) A friendly conversation
  - d) A movie
  
4. What effect did the triggering event have on John's life?
  - a) It led to a swift and complete recovery.
  - b) It made him feel more connected to society.
  - c) It caused him to withdraw further and fear harming others.
  - d) It made him forget about his traumatic experiences.
  
5. How did John's story end tragically?
  - a) He became a war hero.
  - b) He found peace and happiness.
  - c) He committed a violent act that ended his life and affected others.
  - d) He became a therapist.

