

Name _____

The Battle Within

Short Answer Key

1. John experienced symptoms of PTSD, including nightmares, flashbacks, and debilitating anxiety, after returning from war.
2. The triggering event at the community event caused John extreme distress and led to a heightened state of panic and anxiety. It exacerbated his PTSD symptoms and intensified his fear of harming others.
3. John's family made efforts to seek professional help, therapy, and treatment for him. They provided emotional support and tried to help him cope with his condition.
4. John's story tragically ended when, overcome by despair and paranoia, he committed a violent act that shattered the lives of those around him and led to his own death.
5. The tragic ending of John's story serves as a reminder of the profound impact of war on the mental health of veterans and underscores the importance of providing adequate support and treatment for those who have served their country. The lesson learned is that more resources and understanding are needed to help veterans with PTSD reintegrate into society and heal their mental scars.

