

Name \_\_\_\_\_



## Monkeys' Daily Habits and Behaviors

Monkeys are active, social animals with fascinating daily habits and behaviors. Most monkeys are diurnal, which means they are active during the day and rest at night. During the day, monkeys spend their time searching for food, grooming each other, playing, and staying alert for predators.

Monkeys live in groups called troops, which can range from just a few members to over 100 monkeys. Living in groups helps monkeys protect themselves from predators, find food more easily, and care for their young. Troops are often led by a dominant male, and each monkey in the group has its role. Some monkeys are responsible for watching for danger, while others take care of the babies.

Communication is very important for monkeys. They use sounds, facial expressions, and body movements to talk to each other. For example, a monkey might make a loud call to warn the group about a predator. Other times, monkeys chatter softly while grooming each other, which helps them build trust and strengthen their bonds.

Monkeys spend a lot of their day in trees, especially species like spider monkeys and howler monkeys. These monkeys swing through the trees to find food, such as fruits, leaves, and insects. Tree-dwelling monkeys often use their strong tails for balance and to grab branches. Other monkeys, like baboons, spend much of their time on the ground, where they search for roots, seeds, and small animals.

Play is another important part of a monkey's day. Young monkeys chase each other, climb trees, and wrestle. Play helps them practice the skills they will need as adults, like climbing, problem-solving, and even fighting.

At night, monkeys find a safe spot to sleep. Tree-dwelling monkeys rest high in the branches, while ground-dwelling monkeys look for sheltered spots. Sleeping together in groups helps them stay warm and safe from predators.

Monkeys' daily routines show how they work together and rely on their environment to survive. Whether swinging through trees, playing with friends, or keeping watch for danger, monkeys live exciting and busy lives.