

Name _____

The Tale of Benny and the Volcano Brain

Open-Ended Questions Answer Key

1. Sample Answer: "Yes, I felt like Benny when my little brother broke my favorite toy. I got really upset, but I took some deep breaths and talked to my mom about how I felt."
2. Sample Answer: "Taking deep breaths helps calm you down and slows your heartbeat, so you can think clearly instead of yelling or doing something you might regret."
3. Sample Answer: "I would feel bad and a little scared that Benny was angry at me, but I would also hope he understood that it was an accident."
4. Sample Answer: "I can count to ten, take deep breaths, or walk away for a minute to think before reacting. I can also remind myself that accidents happen and it's okay to talk things out calmly."

