

Name _____

Mastering Decision-Making: Your Path to Better Choices

Multiple Choice Questions

1. What is the importance of decision-making?
 - a) Decisions have no impact on your life
 - b) Good decisions can lead to positive outcomes
 - c) Decisions are only necessary in emergencies
 - d) Poor decisions have no consequences

2. What is the first step to making better decisions?
 - a) Rushing into a choice
 - b) Identifying your goal
 - c) Seeking advice from everyone you know
 - d) Ignoring your instincts

3. Why is gathering information important in decision-making?
 - a) It delays the decision-making process
 - b) It helps you make informed choices
 - c) Information is never reliable
 - d) Gathering information is unnecessary

4. What should you do after making a decision?
 - a) Forget about it
 - b) Blame others for the outcome
 - c) Accept responsibility for your decision
 - d) Make another decision to undo the first one

5. What is a common decision-making pitfall to avoid?
 - a) Seeking advice from trusted individuals
 - b) Rushing into decisions without thought
 - c) Considering your values and principles
 - d) Learning from your mistakes

