

Name _____

Binge-Eating Disorder: Breaking the Cycle of Overeating

Open-Ended Response Questions

1. Explain the cycle of binge eating in individuals with binge-eating disorder and how it affects their emotional well-being.
2. Discuss the potential role of genetics in predisposing some individuals to binge-eating disorder.
3. Why is it important for individuals with binge-eating disorder to seek professional help, and what types of treatment are typically recommended?
4. Share your thoughts on how society can promote a healthier body image and reduce the prevalence of eating disorders like binge-eating disorder.

