

Name _____

Binge Drinking: A Risky Roller Coaster Ride

Short Answer

1. What is the definition of binge drinking in terms of the number of alcoholic drinks consumed in a short period?
2. Name one reason why people might engage in binge drinking.
3. Mention a health risk associated with binge drinking mentioned in the passage.
4. How can binge drinking affect academic and work performance?
5. Provide one tip mentioned in the passage for avoiding binge drinking.

