

Name _____

Binge Drinking: A Risky Roller Coaster Ride

Short Answer Key

1. Binge drinking is defined as consuming five or more alcoholic drinks within a couple of hours for males and four or more drinks for females.
2. People might engage in binge drinking during social gatherings or parties, as mentioned in the passage.
3. One health risk associated with binge drinking mentioned in the passage is an increased risk of alcohol poisoning.
4. Binge drinking can affect academic and work performance by potentially resulting in absenteeism and poor performance. It impairs cognitive function and concentration.
5. One tip mentioned in the passage for avoiding binge drinking is to alternate alcoholic drinks with non-alcoholic ones.

