

Name _____

Boost Your Confidence: Tips for Speaking in Front of a Group

Open-Ended Response Questions

1. Describe a time when you had to speak in front of a group. What strategies from the passage could you have used to boost your confidence in that situation?
2. Explain why it's important to focus on the message you want to convey rather than your own nervousness when speaking in front of a group.
3. Can you think of a famous public speaker or performer who you admire for their confidence on stage? What qualities or techniques do they use to appear confident?
4. How might practicing deep breathing exercises help you not only in public speaking but also in other aspects of life?

