

Name _____

Exploring the Flavors of Brazilian Cuisine

Open-Ended Response Questions

1. Discuss the cultural diversity and influences that shape Brazilian cuisine, and provide examples of how different regions contribute to the culinary tapestry.
2. How does the nutritional diversity of Brazilian cuisine, with its emphasis on natural ingredients, align with the principles of a balanced diet?
3. Explain why it's important to enjoy indulgent Brazilian treats like coxinha and feijoada in moderation despite their delicious flavors.
4. Share your thoughts on how açaí, a superfood from the Amazon, has gained popularity both in Brazil and globally, and why it is considered a nutritious option.

