

Name _____

Breaking Free

In a world of whispers, secrets deep,
I carried a truth I vowed to keep,
A secret that weighed upon my chest,
A truth I longed to finally confess.
Society's expectations, a heavy chain,
Held me back, caused so much pain,
But I knew it was time to stand tall,
To break free from that suffocating thrall.
With trembling heart and shaking knees,
I faced the world, my fear to appease,
I said the words that set me free,
"I am who I am, just let me be."
Some faces turned, with love and support,
While others judged, their views contort,
But in that moment, I felt so strong,
No longer hiding, I truly belonged.
The journey was tough, but worth the ride,
For deep inside, I felt alive,
Embracing my truth, I learned to thrive,
No longer confined, I've come alive.

