

Name _____

Breathing Trouble: The Connection Between Vaping and Respiratory Illnesses

Short Answer Key

1. Potential symptoms of EVALI include coughing, shortness of breath, chest pain, fever, and gastrointestinal symptoms.
2. Understanding the potential long-term effects of vaping on lung health is important for young people because their lungs are still developing, and vaping may have lasting consequences on their respiratory health.
3. To make informed choices about their health concerning vaping and respiratory health, individuals can research the risks, consult health experts, and prioritize their well-being over perceived benefits.
4. Harmful chemicals like diacetyl and formaldehyde can irritate and damage lung tissues, potentially leading to respiratory issues and conditions like "popcorn lung."
5. Vaping is often perceived as less harmful than traditional tobacco smoking for lung health because it does not involve burning tobacco and producing harmful tar and many of the toxic chemicals found in traditional cigarettes.

