

Name _____

Breathing Trouble: The Connection Between Vaping and Respiratory Illnesses

Open-Ended Response Answer Key

1. Vaping appeals to individuals due to the variety of flavors available, the perception of reduced harm compared to traditional tobacco smoking, the absence of tobacco odor, and the social aspect of vaping. Flavors make vaping enjoyable, and the perception of reduced harm makes it seem like a safer alternative to smoking.
2. The potential risks associated with vaping and respiratory illnesses include the inhalation of harmful chemicals, lung tissue irritation, and the development of conditions like EVALI. It's important to recognize these risks to make informed decisions about vaping.
3. When advising a friend considering vaping, I would provide information about the potential risks to respiratory health, encourage them to research the topic further, consult with health experts, and prioritize their well-being. I would also suggest exploring alternative methods to achieve their goals without resorting to vaping.
4. Further research into the long-term effects of vaping on lung health is essential, especially concerning young people. It is crucial to understand how vaping may impact lung development, function, and overall health. This research can provide valuable insights into the potential risks associated with vaping and help individuals make informed decisions about their respiratory health.

