

Name \_\_\_\_\_

## Buddhism: The Path to Enlightenment

### Multiple Choice Questions

1. Who is the founder of Buddhism?
  - a) Siddhartha Gautama
  - b) Mahatma Gandhi
  - c) Confucius
  - d) Laozi
  
2. What is the first of the Four Noble Truths in Buddhism?
  - a) The Truth of Suffering
  - b) The Truth of Enlightenment
  - c) The Truth of Karma
  - d) The Truth of Reincarnation
  
3. What is the Eightfold Path in Buddhism?
  - a) A path to riches and power
  - b) A guide for living a moral and meaningful life
  - c) A sacred text
  - d) A type of Buddhist temple
  
4. Which region of the world has a significant Buddhist presence?
  - a) Central Africa
  - b) North America
  - c) Southeast Asia
  - d) Eastern Europe
  
5. What is the primary goal of meditation in Buddhism?
  - a) To gain physical strength
  - b) To achieve enlightenment and inner peace
  - c) To socialize with others
  - d) To accumulate wealth

