

Name _____

Buddhism: The Path to Enlightenment

Open-Ended Response Questions

1. Explore the concept of mindfulness in Buddhism, its benefits, and how it can be practiced in daily life.
2. Discuss the spread of Buddhism beyond its place of origin in India and how it adapted to different cultures and regions.
3. Describe the role of compassion and acts of kindness in Buddhist practice and their significance in the pursuit of enlightenment.
4. In your opinion, how has Buddhism influenced the world's understanding of spirituality, ethics, and inner peace?

