

Name _____

Unlocking Bulimia Nervosa: Understanding a Hidden Battle

Open-Ended Response Questions

1. Describe the cycle of binge eating and compensatory behaviors in individuals with bulimia nervosa and how it affects their emotional well-being.
2. Explain the potential role of genetics in predisposing some individuals to bulimia nervosa.
3. Why is it important for individuals with bulimia nervosa to seek professional help, and what types of treatment are typically recommended?
4. Share your thoughts on how society can promote a healthier body image and reduce the prevalence of eating disorders like bulimia.

