

Name _____

Unlocking Bulimia Nervosa: Understanding a Hidden Battle

Short Answer Key

1. (Answers may include: self-induced vomiting, overexercising, fasting, laxative use, etc.)
2. Bulimia nervosa can be challenging to identify because individuals often hide their behaviors and maintain a normal weight.
3. One potential cause of bulimia nervosa is genetic factors.
4. Societal pressure can contribute to the development of bulimia by promoting an unrealistic body image and body dissatisfaction.
5. One possible complication of bulimia nervosa is dental problems.

