

Name \_\_\_\_\_

## The Psychology Behind Bullying and How to Prevent It

### Short Answer

1. Why might bullies have low self-esteem?
2. What are some effects of being bullied on a person's well-being?
3. Name one way to prevent bullying.
4. How can you be a good role model in preventing bullying?
5. Why is it important to talk to a trusted adult if you or someone you know is being bullied?

