

Name _____

Heart Heroes: The Incredible World of Cardiac Muscle

Short Answer Key

1. Cardiac muscle is found in the walls of the heart.
2. The unique ability of cardiac muscle is rhythmic contraction.
3. Cardiac muscle pumps blood by contracting on its own.
4. The chambers of the heart are surrounded by cardiac muscle.
5. Ways to take care of your heart include eating a healthy diet, staying active, managing stress, and avoiding harmful substances like tobacco.

