

Name \_\_\_\_\_

## Vaping as a Smoking Cessation Tool: Fact or Fiction?

### Multiple Choice Questions

1. What is one of the major claims associated with vaping?
  - a) Vaping is more expensive than smoking.
  - b) Vaping has a wider range of flavors than traditional cigarettes.
  - c) Vaping is an effective tool for quitting smoking.
  - d) Vaping is more addictive than traditional smoking.
  
2. What is the primary addictive substance in cigarettes?
  - a) Tar
  - b) Formaldehyde
  - c) Nicotine
  - d) Carbon dioxide
  
3. What is one of the roles of nicotine replacement therapy (NRT)?
  - a) To provide a way for smokers to increase their nicotine intake
  - b) To gradually reduce smokers' nicotine intake in a controlled manner
  - c) To replace nicotine with other addictive substances
  - d) To increase the harmful effects of nicotine
  
4. Why do some critics argue against vaping as a smoking cessation tool?
  - a) They believe vaping is more expensive than smoking.
  - b) They think vaping has a limited range of flavors.
  - c) They are concerned about dual use, where individuals continue to smoke while vaping.
  - d) They believe vaping is less addictive than traditional smoking.
  
5. What is one of the challenges faced by the vaping industry in using vaping as a smoking cessation aid?
  - a) Lack of availability of vaping products
  - b) The high cost of vaping devices
  - c) Marketing to youth and the need for clear guidelines
  - d) The absence of nicotine in vaping products

