

Name _____

Vaping as a Smoking Cessation Tool: Fact or Fiction?

Open-Ended Response Questions

1. Discuss the factors that make vaping appealing to individuals seeking to quit smoking, including the variety of flavors and the perceived reduction in harm compared to traditional cigarettes.
2. Explain the potential challenges and uncertainties associated with using vaping as a smoking cessation tool, including concerns about dual use and long-term health effects.
3. Imagine you are advising a friend who wants to quit smoking. What information and advice would you provide regarding the use of vaping as a smoking cessation aid, considering the current research and debates on its effectiveness?
4. Share your thoughts on the need for clear regulations and guidelines for using vaping as a smoking cessation tool and preventing its use among youth.

