

Name _____

Navigating Life's Challenges: Conflict Resolution and Peer Pressure Mastery

Short Answer

1. What is the purpose of using "I" statements in conflict resolution, and can you provide an example?
2. Explain why it's essential to choose your friends wisely when dealing with peer pressure.
3. How can practicing assertiveness help you resist negative peer pressure?
4. What should you do if you find yourself in a peer pressure situation where you're uncomfortable with the choices being made?
5. Why is seeking support from trusted adults important when dealing with conflicts or peer pressure?

