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The Science of Cake: A Tasty Chemical Change

Have you ever watched a cake rise in the oven and wondered what's happening? It's more than just cooking—baking a cake is a great example of a chemical change.

When you mix ingredients like flour, eggs, sugar, and baking powder, you're starting with a batter. It's thick and gooey, and you can still tell what's in it. But once you put it in the

oven, something amazing begins to happen. The heat causes the ingredients to react with each other. They don't just mix—they change into something new.

One big clue that a chemical change is happening is the bubbles that form in the batter. These bubbles come from gases released by baking soda or baking powder. They help the cake rise and become fluffy. Once baked, the bubbles are trapped in place, giving the cake its soft texture.

Another clue is the smell. A raw cake batter doesn't smell much like cake, but as it bakes, it fills the kitchen with a sweet, delicious scent. That new smell comes from the chemical reactions taking place.

The color also changes. A light-colored batter turns golden brown as it cooks. This is another sign that a chemical change is happening. The cake is turning into something that looks, smells, and tastes different than the batter you started with.

Most importantly, the change can't be undone. You can't take a baked cake and turn it back into flour and eggs. That's a key rule of chemical changes—they're permanent. Physical changes, like melting butter or mixing sugar into tea, can often be reversed. But chemical changes create something brand new.

So the next time you bake a cake, remember: you're not just making dessert—you're doing science in the kitchen!