

Name _____

The Heart of Kindness: Understanding Compassion

Short Answer

1. Provide two examples of ways compassion can be expressed in daily life.
2. How does practicing empathy contribute to the development of compassion?
3. Explain how small acts of kindness can demonstrate compassion.
4. Describe a situation where practicing forgiveness can lead to the cultivation of compassion.
5. Why is compassion considered a vital value for future generations to embrace?

