

Name _____

What Happens to Matter When Food is Digested in Our Bodies?

Open-Ended Response Questions

1. Explain why digestion is important for your body's health.
2. What would happen if your small intestine couldn't absorb nutrients properly?
3. How does the journey of food through your body show that matter is not lost?
4. Think about a meal you like. Describe how your body would break it down and use it.

