

Name _____

What Happens to Matter When Food is Digested in Our Bodies?

Short Answer Key

1. The mouth chews food and mixes it with saliva to begin breaking it down.
2. Enzymes are special helpers that break food into nutrients in the small intestine.
3. The stomach uses acids and muscles to mash food and begin breaking down proteins.
4. Waste moves into the large intestine, water is removed, and then it exits the body.
5. Because matter changes form but isn't destroyed—it becomes nutrients or waste.