

Name _____

Cooking and Cleaning: Essential Life Skills for Kids

Multiple Choice Questions

1. Why is learning to cook and do laundry considered essential for kids?
 - a) To make them dislike chores less
 - b) To reduce their reliance on others
 - c) To give them more free time
 - d) To make them better at video games

2. What important life lesson do kids learn when acquiring these skills?
 - a) How to avoid responsibility
 - b) How to rely on others
 - c) How to plan, organize, and complete tasks
 - d) How to avoid cooking and cleaning

3. How does learning to cook encourage healthier eating habits?
 - a) By making kids dislike vegetables
 - b) By teaching kids to order takeout
 - c) By encouraging them to explore nutritious foods
 - d) By promoting junk food consumption

4. What aspect of time management can kids learn by acquiring these skills?
 - a) Procrastination
 - b) Setting priorities and sticking to schedules
 - c) Avoiding schedules altogether
 - d) Wasting time on unimportant tasks

5. What is one benefit of kids becoming self-sufficient in cooking and laundry?
 - a) They develop a greater reliance on others
 - b) They can't prepare their meals
 - c) They reduce their independence
 - d) They don't have to wait for help

