Name _____

Cooking and Cleaning: Essential Life Skills for Kids

Short Answer

1. How does learning to cook and do laundry promote independence in kids?

2. Provide an example of a responsibility that kids learn when acquiring these skills.

3. Explain how learning to cook can lead to healthier eating habits for kids.

4. What time management skills can kids develop by learning these essential life skills?

5. In your own words, describe the concept of self-sufficiency as it relates to cooking and laundry.

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