Name _____

Cooking and Cleaning: Essential Life Skills for Kids

Open-Ended Response Questions

1. Share a personal experience or story, if any, about a time when you had to rely on your cooking or laundry skills, and how it made you feel more independent and responsible.

2. Reflect on why some kids might be hesitant to learn these skills and discuss how parents or caregivers can encourage them to take on these responsibilities.

3. Discuss the potential long-term benefits of kids learning to cook and do their laundry, such as how these skills can prepare them for adulthood.

4. In your opinion, what other life skills are important for kids to learn, and why?

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