

Name _____

The Marvelous Mystery of Coughing and Sneezing

Short Answer

1. Explain how coughing and sneezing help protect the respiratory system.
2. Describe the process of how the body triggers a cough or sneeze when it detects an irritant.
3. Why is it important to cover your mouth and nose when coughing or sneezing, especially around others?
4. Provide three common causes of coughing and sneezing.
5. What steps can you take to reduce the likelihood of coughing and sneezing caused by irritants in your environment?

